

ACALAN- AU

COVID-19

English

What is COVID-19?

COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

What are the symptoms of COVID-19?

The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms

and don't feel unwell. Most people (about 80%) recover from the disease without needing special treatment. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty in breathing.

Older people, and those with underlying medical problems like high blood pressure, heart problems or diabetes, are more likely to develop serious illness. People with fever, cough and difficulty breathing should seek medical attention.



Is there a vaccine, drug or treatment for COVID-19?

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO will continue to provide updated information as soon as clinical findings become available.

Coronavirus (COVID-19) Symptoms

- Cough,
- Fever,
- Tiredness,
- Nasal congestion,
- Runny nose,
- Sore throat or diarrhea,
- Difficulty in breathing.



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Coronavirus (COVID-19) Spread

- Stop or reduce social contact,
- Touching objects and surfaces and then touching your face, mouth, nose, or eyes before washing your hands.



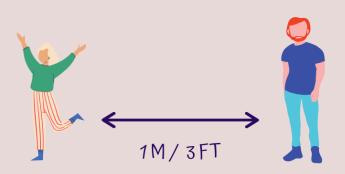


BASIC PROTECTIVE MEASURES AGAINST CORONAVIRUS (COVID-19)



Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.



Maintain social distancing

Maintain at least 1 meter (3 feet)

distance between yourself and
anyone who is coughing or
sneezing.



Avoid touching eyes, nose and mouth

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.





Stay home if you are feeling slightly unwell.

If you have a fever, cough and difficulty in breathing, seek medical attention and call in advance.



Use a tissue



or you



NOT your

Cough or sneeze in your sleeve

- Cover your mouth and nose when coughing or sneezing.
- Use a paper tissue or your sleeve and not your hand.

Source: World Health Organization